

Alyson Chick Memorial Valentine 10 & Under Meet

Sunday, February 14, 2016
at the Cumberland Valley High School Natatorium
Mechanicsburg, PA

Purpose: To provide 10 & under swimmers an opportunity to see their progress prior to the championship meets in March. A portion of the proceeds from this meet will be directed to the Alyson Chick Scholarship fund which awards a WSY graduating senior a \$1,000 higher education scholarship

Facilities: This meet will be run in an eight lane competitive pool with adjustable bulkhead, and fully automatic timing. Adjustable bulkhead allows for 25 yard course with a five lane 25 yard warm down area. The starting end has a depth of 13 feet. The facility is equipped with Adolph Keiffer Wave Eater lane lines, Colorado Timing System, Aqua Grip electronic pads, and a ten-line readout scoreboard. Seating for up to 500 swimmers on deck and spectator balcony seating for up to 400. State of the art environmental and sanitizing systems. State of the art speaker system with under water speakers. Free parking next to the building. The water depth at the turn end of the pool is 5 feet. We will be using Hy-Tek meet management software. There will be no "Seeding Area" to stage swimmers. All coaches are responsible to see their swimmers are behind the blocks. The host team will have volunteers behind the blocks to double check swimmers are in the proper lanes. Photos of the pool may be found on our web site.

Entries: This meet is open to all swimmers that are registered members with the clubs/YMCA's invited. Each swimmer may swim a maximum of four (4) individual events. **The swimmers age will be determined as of February 14, 2016.** All entries should be submitted on disk using the **Hy-Tek Team Manager or Team Unify software**. The file containing the events for this meet may be downloaded from our web site www.wsyswim.org. **HY TEK LITE: We have information on the**

final page of this meet entry about a HY-Tek product that is FREE (TM-Lite). This product will assist you in completing your electronic entry. Entries, for which a swimmer has no time, must be entered with a NT. The number of entries for this meet will be limited to **300 athletes!!!** Entries should be faxed or e-mailed, however hard copy and payment must follow within six (6) days.

Closing Date: Entries must be received no later than **Friday, February 5, 2016.** **Entries will be taken on a first come-first serve basis until we reach 300 athletes.**

Entry Fees: \$5.00 per individual event. **(NOTE: If you will NOT be entering using the Hy-Tek/Team Unify software, the entry fee is \$6.00 per individual event).** Please send one (1) check for the total amount of your team entry. Make all checks payable to **West Shore YMCA**. Entry packages, and payment should be sent to:

WSY Swimming
410 Fallowfield Road
Camp Hill, PA 17011-4900
FAX (717) 728-3561
E-Mail: mike@wsyswim.org
Phone: (717) 514-2287

All teams not accepted into the meet will be notified by Tuesday, February 9, 2016

Meet Admission: Cost of admission is \$5.00 per person (under 12 free). Programs are free.

Meet Time Line:
8-8:50am Pool Open for Warm-up
9am Meet begins
1:30pm Meet ends



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Meet Rules: The Alyson Chick Valentine 10 & Under Meet is governed by the current 2016 USA Swimming Technical Rules. All events will be timed finals. There will be no false start. There will be a coaches meeting prior to the start of the session. It will be the coach's

Safety Notice – There will be **NO DIVING** from the shallow end (non-block end) at any time during warm-ups or during the meet. There will be **NO DIVING** from the starting blocks and no backstroke starts during the warm-up session, with this exception: Limited diving and backstroke starts from the starting blocks in sprint lanes will be permitted, BUT only when announced. These rules follow National YMCA Warm-Up Safety procedures.

Awards: For individual events: Custom made Medals (1st-3rd) finishers. Custom made ribbons will be awarded for 4th-16th place finishers for individual events. Heat ribbons will be awarded for all heat winners, and each participant in the meet will be given a participation ribbon.

Meet Announcements- All pre-meet announcements including warm-up times/lanes, teams participating, meet psych sheets, and other pre-meet information may be found on our web site. www.wsyswim.org. All results, and coaches download files will be posted on our web site immediately following the meet. **We will NOT mail printed results.**

Concession Area – We will have a large concession area with an assortment of breakfast and lunch items available during the entire meet. We will also have a Speedo Team Dealer available.

responsibility to get their swimmers to the seeding area prior to the start of each event. All swimmers will be on the pool deck for this meet. There will be **no gymnasium utilized.**

Directions - FROM THE NORTH & EAST: Route 81 going south – proceed to the Mechanicsburg /route 114 exit(57) - turn left off ramp – continue to route 11 south Carlisle Pike) – turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

FROM THE WEST & SOUTHWEST: Route 81 going north – proceed to the Mechanicsburg route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

FROM THE WEST & SOUTHWEST: Route 81 going north – proceed to the Mechanicsburg /route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.

FROM THE SOUTH & FROM THE PA TURNPIKE: Route 83 north to the Camp Hill exit – that puts you on route 581 west – continue on 581 until it joins with 81 south – proceed to the Mechanicsburg /route 114 exit(57). Turn left at the end of ramp onto route 114 –continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park.

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<u>Boys</u>	<u>Name of event</u>	<u>Girls</u>
1	7 & Under 100 yard IM	2
3	8 yr. 100 yard IM	4
5	9-10 100 yard IM	6
7	5 under 25 yard freestyle	8
9	6 yr. 25 yard freestyle	10
11	7 yr. 25 yard freestyle	12
13	8 yr. 25 yard freestyle	14
15	9-10 50 yard freestyle	16
17	5 under 25 yard backstroke	18
19	6 yr. 25 yard backstroke	20
21	7 yr. 25 yard backstroke	22
23	8 yr. 25 yard backstroke	24
25	10 & U 50 yard backstroke	26
27	6 & under 25 yard breaststroke	28
29	7 yr. 25 yard breaststroke	30
31	8 yr. 25 yard breaststroke	32
33	10 & U 50 yard breaststroke	34
35	6 & under 25 yard butterfly	36
37	7 yr. 25 yard butterfly	38
39	8 yr. 25 yard butterfly	40
41	10 & U 50 yard butterfly	42
43	7 & under 50 yard Freestyle	44
45	8 yr. 50 yard freestyle	46
47	10 & under 100 yard freestyle	48



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Entry Check List

To be submitted with your entry

Team Information:

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Name of one (1) timer: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$5.00 _____

NOTE: If you are NOT entering on disk, please multiply your total number of events entered by \$6.00



Total of your check: _____

Make all checks payable to West Shore YMCA

TEAM MANAGER Lite

TEAM MANAGER Lite is software designed for a **meet host to distribute to teams** entering the meet so that those teams can send their meet entries to the meet host electronically by disk or over the Internet. **TM Lite** is provided **FREE** to a meet host using **MEET MANAGER** to distribute to the teams entering the meet. The meet host can create TM Lite product CDs to distribute to the participating teams or purchase additional TM Lite CDs from our Sales Office. The participating teams can also download and install TM Lite right from our web site - [Click Here](#) to download TM Lite.

TEAM MANAGER Lite is basically **TEAM MANAGER** with the following features enabled:

- * Standard Set-Up and Options Features
- * Enter Teams, Athletes, Relays, Meets and Browsers
- * Specifying Meet Entry Custom Times by Event or by Name
- * Import of Meet Events from a MEET MANAGER Database
- * Export of Meet Entries to send to the meet host by diskette or over the Internet
- * Meet Entry Report

Please note that TM Lite is supported only by email.

[Click Here](#) to view the **TM Lite Instructions** in Acrobat format.

Click on **User Guide** or **Getting Started** next to the Product Name to Download and Save the zipped Acrobat PDF file to your hard drive. Then unzip the downloaded zip file and Open it with Acrobat Reader to view the User Guide or Getting Started Booklet.

Click on **Lite** or **Demo** next to the Product Name to Download and Save the file to your Desktop. Then Open the Lite/Demo file from your Desktop to install the Lite/Demo software.

Note: It typically takes less than a minute to download an Update or User Guide file using a broadband connection and about 3-5 minutes to download the Lite/Demo software.

Swimming

- **TEAM MANAGER: Please Note** that the TM 5.0 FREE Service Pack is not available for TM 2.1, TM 3.0, or TM 4.0 Customers. [Click Here](#) for information about upgrading to TM 5.0.
- **MEET MANAGER: Please Note** that the MM 2.0 FREE Service Pack is not available for MM 1.4 Customers. [Click Here](#) for information about upgrading to MM 2.0.

TEAM MANAGER 5.0	Update	User Guide	Getting Started	Lite
MEET MANAGER 2.0	Update	User Guide	Getting Started	Demo
Sports BUSINESS MANAGER 5.1	Update	User Guide	Getting Started	Demo
Personal SWIM MANAGER 2.1	Update	User Guide	N/A	Demo
TM 4.0Sm - Not supported by HY-TEK	Update	N/A	N/A	N/A
MM 1.4Qe - Not supported by HY-TEK	Update	N/A	N/A	N/A

Track and Field

- **TEAM MANAGER: Please Note** that the Track TM 2.0 FREE Service Pack is not available for Track TM 1.2 Customers. [Click Here](#) for information about upgrading to the Track TM 2.0 CD.
- **MEET MANAGER: Please Note** that the Track MM 2.0 FREE Service Pack is not available for Track MM 1.2 Customers. [Click Here](#) for information about upgrading to the Track MM 2.0 CD.